

Sprint wash and work stand

Fork mount maintenance and spacer configuration



Tools Required:

- Bicycle grease
- Favorite Beverage

Step 1: Apply grease to 15x100mm red adapter sleeve. *(left)*

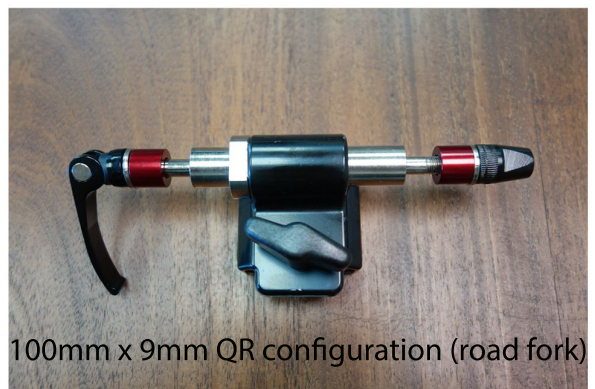
Step 2: Apply grease to threads on silver 15x100mm thread in adapter. *(right)*



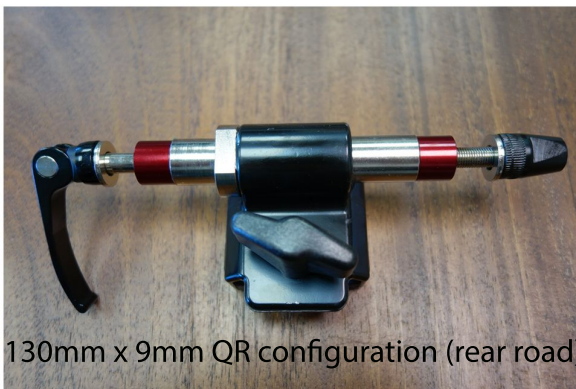
Step 3: Apply grease to threads beneath z-knob. *(left)*

Step 4: Sip favorite beverage & enjoy.

9mm QR style configurations.



100mm x 9mm QR configuration (road fork)



130mm x 9mm QR configuration (rear road)

continued...



135mm x 9mm QR configuration (MTB rear)



100mm x 15mm configuration (MTB front)

MTB thru-axle style configurations.

Note: For 20mm thru-axes, additional thread in adapter #16687 is required.



142mm x 12mm configuration (MTB rear)